



Part 2: The Bread of Life

Into a world where people spent up to 85% of their income on food in order to survive, Jesus makes the astonishing claim that he was the bread of life. Though some understood him to be talking about physical food, he was talking about something much more important: food that gives eternal life.

Bottom Line: To have Jesus is to have all that you need.

Discussion Questions:

1. What kind of bread do you enjoy the most?
2. **Read John 6:23-27.** Jesus said the crowds were more interested in finding bread to eat than they were in discovering why Jesus was performing miracles like multiplying bread and fish. Why are we sometimes more interested in the blessings and gifts Jesus can give us than in who he is?
3. **Read John 6:29-35, 38, 47-51.** Why do you think Jesus uses the metaphor of bread? In what ways is this effective metaphor?
 - a. Even after becoming a Christian, sometimes people still feel compelled to find good works to do to earn God's favor and/or eternal life in addition to simple belief/faith (see v. 27-29)? Why do you think this is so? Have you ever fallen into this way of thinking?
4. **Read John 6:39-40, 44, 54.** What power or ability is Jesus claiming in these verses? What does this claim imply about who Jesus is? Why do you think he repeated this over and over?
5. **Read John 6:60, 66-69.** Many of the disciples (those in the crowd that had been following Jesus), abandoned him because they could not accept his teaching (v. 60). Why do people abandon Jesus today? How have you identified with Peter's statement in verses 68 & 69?
6. When we find sustenance in Jesus as our bread of life, what kind of impact does that have on our daily concerns, as well as any big worries about the future? What are some ways we can regularly "eat" this living bread in order to experience a full and abundant spiritual life?
7. What has been the most helpful thought/idea from the message this week? How has that thought/idea helped you?
8. How can the group pray for or encourage you this week?

*If time doesn't allow for you to discuss all of these questions, use only the ones you feel would be most helpful for your group.